



# > New-Build Too Hot?

## CHECKLIST

### Contact Us

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### Block the Heat

#### Close Curtains Early

- ☐ Shut by 9 AM
- ☐ Use blackout types
- ☐ Focus on sun-facing rooms
- ☐ Seal edges tightly

#### Apply Window Film

- ☐ Reflective or mirror-style
- ☐ Prioritize large panes

#### Install External Shading

- ☐ Use shutters or awnings
- ☐ Shade south-facing areas
- ☐ Extend over patio doors
- ☐ Anchor against wind

#### Use Foil Panels

- ☐ Stick behind blinds
- ☐ Use foil bubble wrap

### Cool at Night

#### Open Windows Fully

- ☐ From 8 PM onwards
- ☐ Keep open till dawn
- ☐ Use insect netting

#### Cross-Ventilate Rooms

- ☐ Open opposite windows
- ☐ Use hall or loft
- ☐ Leave doors ajar

#### Run Fans Overnight

- ☐ Face toward windows
- ☐ Low speed = less noise
- ☐ Place near open air

#### Purge Trapped Heat

- ☐ Open roof hatches
- ☐ Unblock air bricks

### Cut Internal Heat

#### Avoid Oven Use

- ☐ Eat cold meals
- ☐ Use air fryers
- ☐ Cook after sunset

#### Switch Off Devices

- ☐ Unplug unused chargers
- ☐ Shut laptops down
- ☐ Use power strips
- ☐ Disable gaming consoles

#### Use LED Bulbs

- ☐ Replace old lights
- ☐ Check colour temperature
- ☐ Avoid halogens entirely

### Smart Airflow Tricks

#### Install Door Vents

- ☐ Allow flow between rooms
- ☐ Use over bathroom doors
- ☐ Ensure no blockages

#### Try Ice Bowl Hack

- ☐ Fan behind ice bowl
- ☐ Use metal or glass
- ☐ Refresh ice regularly

#### Direct Fans Strategically

- ☐ Blow out hot air
- ☐ Create breeze zones
- ☐ Use pedestal fans

### Plan Ahead

#### Plant Shade Trees

- ☐ Use fast growers
- ☐ South and west side
- ☐ Avoid root problems
- ☐ Keep windows shaded

#### Check MVHR Settings

- ☐ Enable summer bypass
- ☐ Clean filters monthly
- ☐ Run at night

#### Monitor Indoor Temp

- ☐ Use digital sensors
- ☐ Record heat peaks
- ☐ Track over 30 days
- ☐ Set comfort targets